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praise

"Enter His gates with thanksgiving and
His courts with praise"
Psalm 100:4

Throughout the Bible, you'll find praises to God, Jesus, and the Holy Spirit. Praise is POWERFUL in prayer.

What does "Praise" mean?

Praise means to tell God how great He is! It's bragging on God.

What does "Praise" sound like?

Praise always begins with something similar to this,

"God I praise You. You are the Mighty Creator.
You are good and kind."

OR

"I worship You, God."



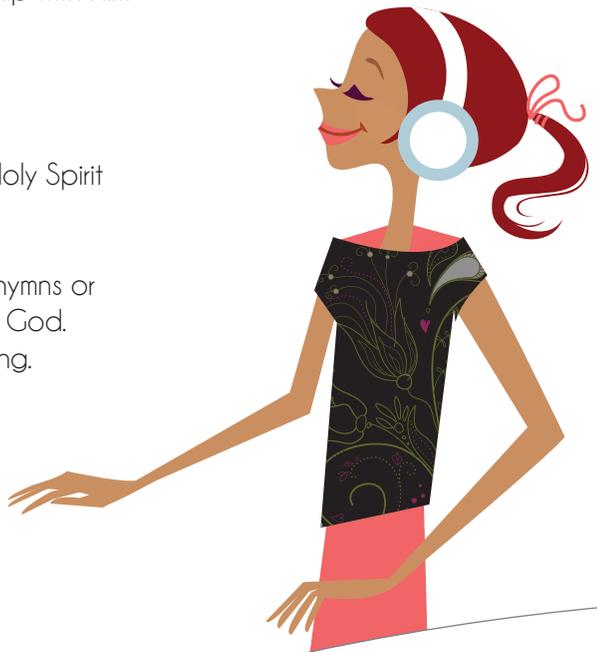
Why is spending time praising God important?

The Bible says God draws close to us when we begin loving Him with our words of praise to Him. (Psalm 22:3)

God wants us to know Him and be in relationship with Him. Praise helps us learn more about Him. The more we learn about Him, the more our relationship with Him can develop.

TOOLS FOR PRAISE :

- The Holy Spirit - Ask the Holy Spirit to lead your worship!
- Music- Use the words to hymns or praise music. Yes, sing to God. God loves to hear you sing.
- A-Z Attributes - An attribute is a characteristic or a quality that someone has. Make a list from A to Z of God's attributes. The next page has some samples. →



A = Almighty, Able, Accessible
B = Burden Bearer
C = Counselor, Creator
D = Deliverer from sin and death
E = Extravagant in His sufficiency
F = Forgiving
G = God of Grace
H = Helper, Holy
I = Initiator of reconciliation, Intimate
J = Just, Judge of all the earth
K = Kind, King
L = Loving, Limitless
M = Merciful, Mighty

N = Never changes
O = Omniscient
P = Perfect, Powerful
Q = Quiet voice
R = Rock, Reliable
S = Source of Life
T = Trustworthy
U = Unfailing
V = Victorious
W = Wise, the Way
X = Exalted
Y = His Yoke is easy
Z = Zenith

Make your own list!

This is the way you do it:

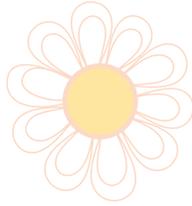
1. Throughout the year as you read your Bible each day, write down an attribute or quality of God you see.
2. Don't worry if you don't find an attribute each day, or if you use the sound of the attribute instead of the first letter (like using X for "exalted").
3. Develop the habit of using the attributes of God to praise Him throughout the day and in your prayer time!



A-Z LIST - Attributes of God

PRaise HIM FOR WHO HE IS, FOR WHAT HE'S DONE FOR YOU!

A	N
B	O
C	P
D	Q
E	R
F	S
G	T
H	U
I	V
J	W
K	X
L	Y
M	Z



"Give thanks in all
circumstances for this
is God's will for you in
Christ Jesus"
1 Thessalonians 5:18

In this section, record your blessings!

Each day, take a moment and write down ways you saw God work in your life the day before. These could be BIG things or small things - Jesus is honored when we return to say, "Thank you."

At the end of each month: Highlight "the biggies." Take time to review them - especially at Thanksgiving!



favorite verses

"Trust in the Lord with all your heart
and lean not on your own understanding;
in all your ways acknowledge Him,
and He will make your paths straight."
Proverbs 3:5-6

During your quiet time with God, inevitably, there will be verses that touch your heart, Scriptures that jump out and

- encourage you
- comfort you
- direct you

Record these verses in this section. Before long, you'll have a storehouse of treasures!

What can you do with these treasures?

- Pray them for your family, friends or self.
- Send them in an email or text to encourage someone!



WEEKLY PRAYER CALENDAR

DAY	EXAMPLE
MON	Parents/Siblings - School week - President/Leaders
TUE	Teachers - Classmates
WED	Extended family (grandparents, cousins, aunts/uncles, etc.)
THU	Friends
FRI	Fill in the blank
SAT	Fill in the blank
SUN	Fill in the blank

WEEKLY PRAYER CALENDAR

DAY	WHO DO YOU WANT TO PRAY FOR?
MON	
TUE	
WED	
THU	
FRI	
SAT	
SUN	

your turn



Praise

God, I praise you because You are:

(Write something from your A-Z list)

Thanksgiving

Lord, thank You for: _____

Confession

Lord, I _____

Please forgive me and help me to not do this again. Thank You for forgiveness.

Requests:

1. For me:

2. For someone else:

Thank You that You hear when I pray. I love You Lord.
In Jesus' name, Amen.